

The main aim of my diploma work called „Creative Techniques in Supervision“, which is divided into two parts, is creating of a practical manual containing art-therapeutic techniques that can be used in supervision. This work is dedicated to all supervisors who are originally not art-therapist but despite this fact want use this way of work.

The first part of my work is an introduction of the art-therapeutic method that (with the use of technical literature) deals with definitions of special terms. This part is dedicated to the theoretical knowledge and is also filled up with my own knowledge and experience from the field of the art-therapeutic praxes. It is actually a foundation for the second part of my diploma work that contains concrete techniques that can be used in supervision.

The second part of my work contains a list of twenty creative techniques - methods of work - that are suitable for the individual, group or team supervision. All the techniques are proceeded according to one schema. It means that in all techniques are mentioned theirs goals, forms, technical severity, supposed time, procedure and also possibly risks. Each technique dispose of needed helpful realisation tools. Enclosure of my diploma work contains several casuistic including photo-documentation.